

2018 Howard County Winter Festival

Hosted by Howard County

ORDER OF EVENTS – Track Events start at 9:00am

9:00am	3200m RUN G/B
10:00am	55m HURDLES SEMI B/G (<i>Top 16 qualify-2 Heat Final</i>)
10:30am	55m DASH SEMI B/G (<i>Top 16 qualify-2 Heat Final</i>)
11:00am	3200m RELAY G/B
12:10pm	300m Dash Finals G/B
1:05pm	1600m RUN G/B
2:05pm	55m Hurdle Finals G/B (<i>Top 16 qualify-2 Heat Final</i>)
2:25pm	55m Dash Finals G/B (<i>Top 16 qualify-2 Heat Final</i>)
2:35pm	500m DASH G/B (SEE NOTE BELOW)
3:35pm	Invitational Distance Medley Relay G/B (1200, 400, 800, 1600)
4:05pm	4 x 200m RELAY G/B
4:50pm	800 METER RUN G/B
5:25pm	1600 METER RELAY G/B

ORDER OF EVENTS – Field Events

8:45am(Check-In/Warm-Ups)	BOYS' High Jump, Triple Jump, Pole Vault GIRLS' Shot Put, Long Jump
1:30pm(Check-In/Warm-Ups)	BOYS' Shot Put, Long Jump GIRLS' High Jump, Triple Jump, Pole Vault

Opening Heights (TBD)

GHJ 4 - 4
GPV 6 - 0

BHJ 5 - 4
BPV 7 - 0

Pole Vault note: We will start at lower height. However, we will increase by 1ft till 9ft for girls and 11ft for the boys. Then we will progress by 6 inches. This way we are allowing the younger vaulters a chance to vault but we aren't holding up the meet with Pole vault.

Progression:

Girls: 6-0, 7-0, 8-0, 9-0, 9-6, 10-0, 10-6, 11-0, etc

Boys: 7-0, 8-0, 9-0, 10-0, 11-0, 11-6, 12-0, 12-6, 13-0, etc.